



Europass Curriculum Vitae

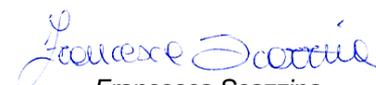


First name / Surname	Francesca Scazzina
TITLE	Associate Professor of Human Nutrition
Education	
2008	PhD in Food Science, University of Parma Thesis Title: "Glycemic Index and Glycemic Load: standardisation of method, new mechanisms of action, effects on energy metabolism and on new markers of cardiovascular disease risk." Tutor: Prof. Furio Brighenti. PhD dissertation: March 28th, 2008.
1999	MSc in Food Science and Technology, University of Parma
Professional Career	
2018 – to date	Associate Professor of Human Nutrition, Department of Food and Drug, University of Parma
2013 - 2017	Assistant Professor in Human Nutrition, Department of Food and Drug, University of Parma
2008 - 2013	Postdoctoral fellow, Department of Food Science, University of Parma
Research activities	
Main research interests	
	Complex carbohydrate and dietary fibre in foods, and their effects on metabolism
	Evaluation of dietary intake
	Nutrition education
	Assessment of diet sustainability
	Public food procurement
	Childhood malnutrition in developing countries
Research projects	
2022 – to date	Coordinator for UNIPR: H2020 project PROMEDLIFE_ PROMotion of MEDiterranean LIFEstyle and healthy diet (PRIMA SECTION 1 2021 AGRI-FOOD VALUE CHAIN: Topic 1.3.1-2021 (IA) Increase adherence to the Mediterranean diet as a sustainable pattern including environmental, social and health aspects.)
2022 – to date	Coordinator for UNIPR: H2020 project SWITCHtoHEALTHY_ Switching Mediterranean consumers to Mediterranean sustainable healthy dietary patterns (PRIMA SECTION 1 2021 AGRI-FOOD VALUE CHAIN: Topic 1.3.1-2021 (IA) Increase adherence to the Mediterranean diet as a sustainable pattern including environmental, social and health aspects.)
2021 – 2022	Hosting The European Food Risk Assessment (EU-FORA) Fellowship Programme "Changes in terms of risk/benefit of shifting diets towards healthier and more sustainable dietary models" - Call GP/EFSA/ENCO/2020/04
2021	Coordinator for University of Parma, University of Modena - Reggio Emilia, University of Bologna and University of Ferrara (Emilia-Romagna Region) of SHARE (SHARE: Sustainability Health and AgRiculturE) Project – AGRICOLTURA 4.0, EXPO DUBAI 2020-2021.
2020 – to date	H2020 project Med4Youth_ Mediterranean Enriched Diet for tackling Youth Obesity (PRIMA Section 2-2018 programme). https://med4youth.eu
2020 – to date	H2020 project SAFFROMFOOD: the sustainable project for saffron production in the Mediterranean (PRIMA Section 2-2018 programme) https://primaobservatory.unisi.it/en/magazine/stories/saffromfood
2020	Strengthening the food security of Burundi population. 13 LUGLIO 2020, N. 860, Emilia-Romagna Region, Italy.
2019	Supporting female micro-entrepreneurship as sustainable instrument to fight child malnutrition" n.546/2019, Emilia-Romagna Region, Italy.
2018	CRISIS – Resilient communities in rural Senegal, N. 753/2018, Emilia-Romagna Region, Italy.

2018	Improving the nutrition of children of Burundi through an innovative app, N. 753/2018, Emilia-Romagna Region, Italy.				
2018 – 2021	H2020 project PREVENTOMICS_ Empowering consumers to PREVENT diet-related disease through OMICS sciences (H2020 GA818318). https://preventomics.eu/				
2016 – 2019	H2020 project Strength2Food – Strengthening European Food Chain Sustainability by Quality and Procurement Policy (H2020 GA678024). https://www.strength2food.eu/				
2017	Increase of the competitiveness of rural farms through the valorization of the grain biodiversity under organic treatment – Bio2”, Rural Development Plan, PSR, Emilia-Romagna Region, Italy.				
Teaching tasks					
2022 – to date	First Level Master in in Sport and Inclusion: management and innovation in disability, University of Parma				
2021 – to date	First Level Master in Scientific Communication (CoSe), University of Parma				
2021 – to date	Second Level Master in Pre-clinic and clinic research, University of Parma				
2021 – to date	First Level International Master in Food City Design (FCD), University of Parma				
2020 – to date	Human Nutrition Physiology, Master Degree in Transitional Biomedical Sciences, University of Parma				
2019 – to date	Human Nutrition, Bachelor Degree in Gastronomic Science, University of Parma				
2020	Pappa di Parma, Food Security and sustainability. International Summer School on Food Sustainability, University of Parma				
2019	Strategies to Implement a Healthy Population Diet. Cambridge Summer School in Applied Human Nutrition 2019. The Need for Nutrition Education/Innovation Programme (NNEdPro), University of Cambridge, Cambridge (UK)				
2019	Erasmus+ Staff Mobility programme, Staff Mobility for Teaching, Faculty of Food Technology and Biotechnology, University of Zagreb (HR).				
2018 - 2019	Healthy and Functional Foods, Bachelor Degree in Gastronomic Science, University of Parma				
2015 - 2019	Nutritional assessment of foods, Bachelor Degree in Food Science and Technology, University of Parma				
2014 - 2019	Nutrition & Health, Master Degree in Food Science and Technology, University of Parma				
2016 - 2018	Nutrient Quality and Health: Impact of Carbohydrate Quality on Human Health - news from the research front. Cambridge Summer School in Applied Human Nutrition, The Need for Nutrition Education/Innovation Programme (NNEdPro), University of Cambridge, Cambridge (UK)				
Institutional tasks					
2022 – to date	Board member of the Italian Human Nutrition Society (SINU)				
2022 – to date	Delegate for Public Engagement activities for the Department of Food and Drug				
2020 – to date	President Master FCD (Food City Design), I° level Master, School of Advanced Studies on Food and Nutrition University of Parma				
2019 - 2020	President Master COMET, I° level Master in Cultura Organizzazione e Marketing dell'Enogastronomia Territoriale, University of Parma				
2015 – 2022	Regional secretary for Emilia-Romagna and Marche Region of the Italian Human Nutrition Society (SINU)				
2014 – to date	Member of the PhD School Council				
Personal skills and competences					
Mother tongue					
Italian					
Other language(s)					
English					
Self assessment					
<i>European level (*)</i>					
	Understanding		Speaking		Writing
	Listening C1	Reading C1	Spoken interaction C1	Spoken production C1	C1
(*) Common European Framework of Reference for Languages					
Communication skills and competences					
Excellent communication skills gained through my experience as speaker at national and international congresses, and at dissemination events in the field of food science.					
2008 – to date	Speaker at national and international conferences and workshops				
2005 – to date	Speaker at national and local dissemination events in the field of food science				
Organisational and managerial skills and competences					
Excellent organisation and prioritisation skills gained through my experience as member of Scientific Committees, Academic Boards in the fields of Human Nutrition					
2022 – to date	Board member of the Italian Human Nutrition Society (SINU)				
2021 – to date	Member of the Scientific Committee of SINU SCUOLA (Italian Human Nutrition Society)				
2021 – to date	Member delegate for University of Parma of the scientific committee of CIBUS - Fiere di Parma SpA				
2021 – to date	Member of the Scientific Committee of SINU Nutrition & Cancer (Italian Human Nutrition Society)				

2020 – to date	President Master FCD (Food City Design) and President Master COMET, University of Parma
2019 - 2020	President Master COMET, 1° level Master in Cultura Organizzazione e Marketing dell'Enogastronomia Territoriale, University of Parma
2018 – to date	Coordinator of the Internship program for Bachelor Degree in Food Science and Technology, University of Parma
2018 – to date	Senior Collaborator, The Need for Nutrition Education/Innovation Programme (NNEdPro), Global Centre for Nutrition and Health, St John's Innovation Centre, Cambridge, UK
2019 – to date	Member of the University Center for International Cooperation (CUCI), University of Parma
2018 – to date	Member of the Scientific Committee of UNESCO Parma City of Gastronomy
2015 – to date	Member delegate for University of Parma of the Scientific Committee of Giocampus Project (www.giocampus.it)
2015 – 2018	Coordinator of the Erasmus + program for Bachelor Degree in Food Science and Technology, University of Parma
2013 – to date	Member of the Board of Directors, MADEGUS s.r.l. academic spin-off, University of Parma
2013 – to date	Principal or Co-investigator of several Research Projects
Experience in peer reviewing international literature	10+ years expertise in critical discussion and evaluation of scientific literature gained through my experience as member of scientific working groups, of editorial boards, and of evaluation committees, at national and international level
2016 – to date	Associate Editor, The International Journal of Food Sciences and Nutrition (Taylor & Francis)
2020 – to date	Editorial Board of Nutritional Epidemiology as Review Editor for Frontiers in Nutrition
2021 – to date	Guest Editor, Nutrients, Section: Nutrition and Public Health, Special Issue : "Diet and Sleep: How Eating Healthy Helps You Sleep Better?"
2019 - 2021	Guest Editor, International Journal of Environmental Research and Public Health (IJERPH), Special Issue: "The Influence of Mediterranean Diet on Health and Environment"
2020 - 2021	Guest Editor, Sustainability, Special Issue: "Sustainable Diet Combining Socio-Economic, Environmental, and Nutritional Objectives"
2012-2015	Technical Editor, The International Journal of Food Sciences and Nutrition (Taylor & Francis)
Prizes, Awards & Honours	
November 15 th 2021	Expertscape Expert in Glycemic Index, in the top 1% of scholars writing about Glycemic Index over the past 10 years.
September 5 th 2018	Special Mention Award in Sustainable Diets and Nutrition category of the Milan Pact Awards 2018 for GIOCAMPUS Project, Tel Aviv (IL).
Development of Mobile Applications 2017 – to date	NUBI_ Nutrizione Bimbi: NUBI is a coaching app to support parents to planning and manage the weekly diet of their children (Apple Store and Google Play Store).
Multidisciplinary and International Experience	10+ years expertise in working in an international environment gained through my experience as member of scientific working groups, of master programs, of editorial boards, and of evaluation committees, as well as within scientific collaborations with research groups at national and international level.
Scientific output	
Publication	Prof. Francesca Scazzina is co-author of + 80 papers on international peer-reviewed journals, H-index 30 @Scopus (May 2023) - Scopus Author Identifier 57195937224

Parma, May 11th 2023


Francesca Scazzina